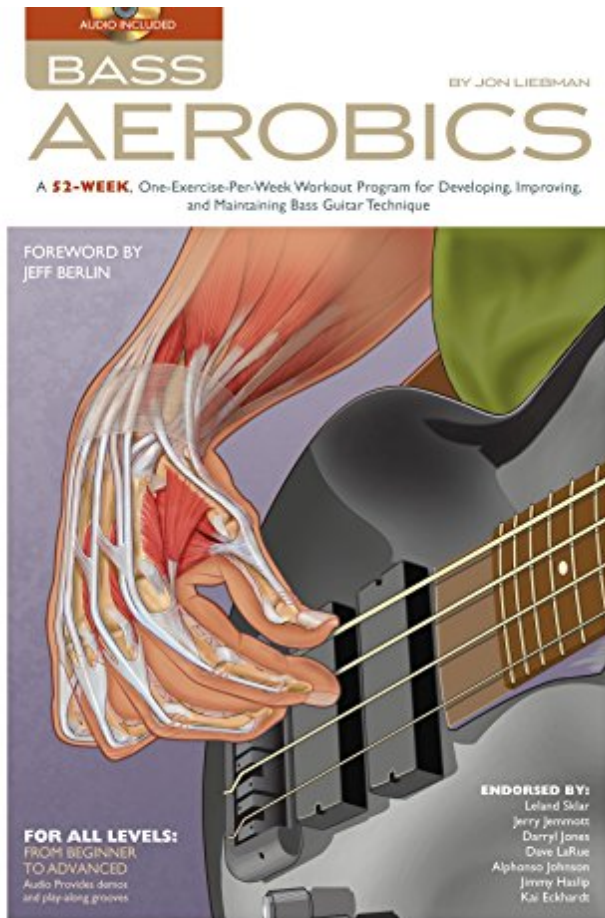


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Bass Aerobics



Par Jon Liebman
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Description :

Prsentation de l'diteur(Bass Builders). Perfect for beginning to advanced players, this book with audio by world-renowned bassist and educator Jon Liebman provides a 52-week, one-exercise-per-week workout program for developing, improving and maintaining bass guitar technique. Liebman teaches: chromatics; scales arpeggios; string-crossing and advanced patterns; slapping popping; and more -- all in styles ranging from rock, funk and RB to jazz, disco, reggae and more. Bassists using Bass Aerobics will benefit from increased speed, improved dexterity, better accuracy and heightened coordination -- not to mention an awesome new groove vocabulary! The accompanying audio tracks contain all 52 workout grooves for both demonstration and play-along..fr***Le contenu audio est disponible sur le site web de l'diteur***Prsentation de l'diteur(Bass Builders). Perfect for beginning to advanced players, this book with audio by world-renowned bassist and educator Jon Liebman provides a 52-week, one-exercise-per-week workout program for developing, improving and maintaining bass guitar technique. Liebman teaches: chromatics; scales arpeggios; string-crossing and advanced patterns; slapping popping; and more -- all in styles ranging from

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